



FRESH ENVIRONMENT, FRESH APPROACH, FRESH START

FRESHnews

Term 3, 2012

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Fresh 2012

Through the delivery of the Victorian Certificate of Applied Learning (VCAL) and other vocational certificates, we have delivered a broad range of curriculum options this year which have provided students opportunities to explore academic, personal and vocation potentials.

We are very proud of our students' achievements and we look forward to acknowledging these successes at our **End of Year Celebration** on Thursday 29 November, 6.00pm – 9.00pm. The event will be held at Whitten Oval and tickets cost \$30 per person. To purchase tickets please contact the Fresh Program Office on 9689 9722.

Students undertake a broad array of learning programs that allow each individual to build social capacities and achieve sustainable change in their life. These learning experiences could not occur without the support of a host of corporate and community partners. In addition to our major partners Victoria University, Nexans Olex, Macquarie Sports and Jemena Fresh would also like to thank Qenos, Odyssey House Victoria, Lions Club of Footscray, Altona Rotary, Stolthaven Terminals, Village Cinemas Sunshine, Victoria Police and Bendigo Community Bank Seddon Branch.

Belinda Batty
Manager, Fresh Program



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PHOTO WALL



Nexans Olex Work Education Program



Nexans Olex Work Education Program



Digital Stories



Mosaic Elective

In the Classroom

Foundation VCAL

Nexans Olex Work Education Program

Term 3 has seen the commencement of the Nexans Olex Work Education Program. This program is aimed at preparing students to become work ready.

Students kick started the program by attending the 'Fully Schmick' job etiquette workshop that involved a skit to demonstrate the Do's and Don'ts of job interviews kindly performed by two Fresh teachers Adam and Joe. Students were able to make notes of what is considered right and wrong when attending a job interview. This was followed by some intense discussion and tips to be successful when applying for a job.

The day consisted of a series of sessions including: dressing for success, hygiene practices, communication techniques, and grooming sessions. During the grooming workshop male students learnt how to tie a tie and female students learnt about hair and make-up.

It was a successful day thanks to all those who assisted – Wayne from Nexans Olex, Tom, Brooke and Sally from the Western Bulldogs, Stephanie from Youth Junction and our teachers Adam, Joe and Manuela

Students will continue to learn about looking and applying for jobs, writing resumes and attending a 'Mock Interview' hosted by Nexans Olex staff early in term 4.

Digital Stories – 'YouthWorx' Brunswick Youth Services

Thanks to funding provided by Odyssey House Victoria, students made their own 'Digital Story' about a personal experience or personal interests. Some of these stories will be shown at our End of Year Celebration. Students really enjoyed creating their digital story and learnt new multimedia skills and techniques. Thanks to YouthWorx staff – John, Robbie, Dave, Hayden and Sally for all their assistance and perseverance to help us finish our stories.

Electives

Term 3 & 4 are always exciting as students are able to choose one of three electives to take part in every Tuesday morning. Electives this year are: Mosaic, Art (Drawing) and Martial Arts.

Through funding provided by Odyssey House Victoria, the Mosaic students were able to complete a group project with Julie from Red Girl Mosaics. The mosaic reflects how students envision their journey at the Fresh Program, the mosaic themed 'Together We Can Get There' will be unveiled at a date to be confirmed.

Check out www.redgirlmosaics.com for information on classes.

Tiffany Pitts & Emily Money
Foundation VCAL Students

DATES FOR TERM 4

Start of Term 4	Mon 8 Oct
Curriculum Day	Thur 25 Oct
Camp Intermediate VCAL	Tue 30 Oct – Fri 2 Nov
Melbourne Cup	Tue 6 Nov
End of Term 4	Thur 15 Nov
End of Year Celebration	Thur 29 Nov

ABSENT FROM FRESH?

1. Call or text your Teacher before 9.00am.
2. If you are unwell and have a medical appointment please ask for a medical certificate.
3. When you return to Fresh please give your medical certificate to your Teacher.

FRESH PROGRAM

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Carpentry

Intermediate VCAL

Carpentry

The Intermediate VCAL class has been involved in a carpentry course every Monday throughout term 3 at Victoria University, Newport Campus. We are currently working on bench seats for the table that the Intermediate VCAL class made last year for the backyard at Fresh. Some of us who haven't had any carpentry experience are also building individual folding tables in order to gain some basic carpentry skills. Students are enjoying themselves, learning how to use different tools such as chisels, different types of saws and electric drills. As part of this course we got to complete our White Card Training (OH&S), which is great to have if we want to do carpentry or any other trade in the future. Most of us enjoyed doing this course and are looking forward to the finished product.

Pre-service Teacher

Throughout the year the Intermediate VCAL class has had a student teacher, Brooke. She has been helping out with Fresh classes on Tuesdays. She has just started teaching us a Health and Wellbeing unit on Psychology, we have talked about mental health disorders and sleeping patterns and we are currently recording sleep journals. Brooke came along with the Intermediate class when we went to an archery range and also when we went to Chislon to complete the sensory

mural 'Sensing. Brooke says she enjoys working with the Intermediate class and has learnt a lot about teaching. The class loves having her around as she is always laughing and we just enjoy each other's company.

Nicole Tyson & Daniel Svendsen
Intermediate VCAL Students



Brooke with the Intermediate VCAL Class



The Western Bulldogs pride themselves on being the Community Club of the AFL.

The Western Bulldogs deliver a range of education and training programs in partnership with the western region's education leader Victoria University. Our aim is to develop relevant pathways for people to ultimately strengthen our community.



The Fresh Program is made possible through the generous support of partners Victoria University, Nexans Olex, Macquarie Sports, Jemena and Qenos, and is kindly supported by organisations including Odyssey House Victoria, Lions Club of Footscray, Altona Rotary, Stolthaven Terminals, Village Cinemas Sunshine, Victoria Police and Bendigo Community Bank Seddon Branch.